



Chart Your Course for Women™



An Innovated Women's Leadership Program

Convenient. Personalized. Effective.

Over a ten year period of listening to women executives and to the participants who completed the pilot program, Chart Your Course for Women™, was created by **Sisters Under Sail**, a non-profit organization dedicated to helping teen girls and women of all ages build confidence, develop leadership skills, and witness first-hand what women can do together when focused on a common goal.

By leveraging partnerships with other professional women with proven expertise in executive coaching, utilizing the interactive technology of cloud-based learning software, and focusing on key leadership competencies, Chart Your Course is an innovative leadership development program designed *by* women, *for* women.

www.cycforwomen.com

908-713-1808 ~ dawn@sistersundersail.org



Chart Your Course

for Women™



Cloud-based: Powered by G2 Collective software, Chart Your Course for Women™ is an interactive development program. This program will take you through several online modules to help you become a more confident and effective leader.

Personalized Expert Coaching: You will be introduced to your career coach who provides support and feedback. Our slate of coaches is comprised of seasoned, executive women offering years of experience and who understand the value of women supporting other women.

Competency Driven Content: The program's research-based leadership competencies are intended to give you the most progressive leadership tools available to enhance your career. Learn to communicate effectively, build relationships, give and receive feedback, manage conflicts, negotiate confidently, and increase your executive presence.

Interactive Exercises: As a leadership development program designed exclusively for women, Chart Your Course provides multiple interactive exercises and journaling to be shared with your career coach. Self reflection is essential to maximizing the Course benefits.

Tall Ship Experience: As an optional add-on, the program offers you the opportunity to exercise your leadership skills in a highly relevant shared-learning experience aboard an all-women crewed traditional tall ship. This unique environment at sea invites self-exploration and group interaction as you meet the challenges of strategy setting, problem solving, navigation, maneuvering and teamwork.

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